

6 Plant Part Burrito

Harvest of the Month - Cabbage

Ingredients:

Cut the following into small pieces:

- Radish or other root
- Celery or other stem
- Cabbage, Lettuce, Spinach, or other leaf
- Broccoli or other flower
- Cherry tomato or other fruit
- Sunflower seed or other seed

Ranch dressing



Place cut-up pieces of each plant part into a bowl (all the roots in one bowl, stems in another bowl, and so on).

Starting with lettuce as the tortilla, add each of the plant parts to your 'burrito.' Top with a dollop of ranch and Enjoy!